

Dr. Nighat Kafil

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Objective	To work as Professor of Pharmacology in a dynamic medical college and be an active member of the faculty in order to improve learning and to enhance my own abilities through teaching, administrative activities and research.
Education	<p>MHPE, 2019 Dow University of Health Sciences, Karachi</p> <p>Ph. D, Pharmacology, 2012 University of Karachi, Karachi</p> <p>M. Phil, Pharmacology, 2002 Basic Medical Sciences Institute, Jinnah Postgraduate Medical Centre, Karachi</p> <p>M.B., B.S., 1986 Dow Medical College, Karachi</p>
Professional experience	<p>Professor Pharmacology 2017 – To Date Muhammad Medical College Mirpurkhas</p> <ul style="list-style-type: none">• To take lectures and tutorials from the whole course for undergraduate students in semester system of teaching• To make PBLs and conduct them in 3rd year MBBS.• Supervision of all practical work.• All administrative work concerning the department.• Teach undergrad students in the integrated system. <p>Assistant Professor Pharmacology 2012 to 2017 Taif University Medical College Taif, KSA</p> <ul style="list-style-type: none">• As Member of Scientific committee developing curriculum and table of specification for all levels of undergraduate students.• As block coordinator managing the administrative duties during the assigned block.• Member of faculty evaluation committee.• Teaching the whole course of Pharmacology in the 2nd, 3rd and 4th year undergraduate students in the vertical integrated system.• Facilitating small group discussions in all classes.• Conducting team based learning sessions

Associate Professor Pharmacology

2010 - 2011 **Ziauddin Medical University** Karachi

- To take lectures and tutorials from the whole course for MBBS and BDS students.
- To make PBLs and conduct them in 3rd year MBBS.
- Supervision of all practical work.
- All administrative work concerning the department.
- Teach MBBS students in the integrated system.

Associate Professor Pharmacology

2007 to 2010 **Altamash Institute of Dental Medicine** Karachi

- Head of the Pharmacology department since date of appointment.
- To take lectures and tutorials from the whole course.
- Setting up the laboratory for practical work.
- Supervision of all practical work.
- All administrative work concerning the department.
- Designing the course objectives and course outline for the academic year.

Assistant Professor Pharmacology

2003 to 2006 **Altamash Institute of Dental Medicine** Karachi

- Head of the Pharmacology department since date of appointment.
- To take lectures and tutorials from the whole course.
- Setting up the laboratory for practical work.
- Supervision of all practical work.
- All administrative work concerning the department.
- Designing the course objectives and course outline for the academic year.

Lecturer Pharmacology

1996 to 2003 **Hamdard University** Karachi

- To teach all the assigned and specified topics as per the detailed course
- To hold tutorial classes as per requirement
- To supervise the practical aspect of the specified course
- To arrange for seminars and various other curricular activities
- To internally supervise theory, practical and viva examinations

General Practitioner

1993 - 1996 **Private Clinic** Lahore

- Dealing cases in Medicine, ENT, Gynaecology & Obstetrics and

	<p>Pediatrics.</p> <p>1987 – 1993 Government of Sindh Karachi</p> <ul style="list-style-type: none"> • Woman Medical Officer in School Health Services • Woman Medical Officer in Government Dispensaries • Woman Medical Officer in Police Hospital Karachi <p>House Job in Gynaecology and Obstetrics</p> <p>1986 - 1986 Civil Hospital Karachi</p> <ul style="list-style-type: none"> ▪ House Officer in Gynaecology and Obstetrics Ward
<p>Publications</p>	<p>“Role of Glucosamine Sulphate on Pain and Tenderness in Osteoarthritis” published in the Pakistan Journal of Pharmacology (2003).</p> <p>“A Placebo-Controlled Clinical trial on Nimesulide in Osteoarthritis” published in the Journal of Surgery Pakistan (2003).</p> <p>“Placebo-Controlled Clinical Trial on Glucosamine Sulphate and Nimesulide in Osteoarthritis” published in the Proceedings of Third Biennial Conference of Pharmacology and Therapeutics (2005).</p> <p>“Effects of Promethazine on Uterine Contractions, produced by prostaglandin E₂ (PGE₂)” published in the Journal of Surgery Pakistan (2002).</p> <p>“Anemia and Maternal Mortality in the Developing World” published in the Pakistan Journal of Pharmacology (2003).</p> <p>“Single Blind Placebo Controlled Study of Niacin in Low HDL-cholesterol Patients” published on line (2008).</p> <p>“Niacin is Major Drug for Lowering LDL-Cholesterol” published in Pak. J. Med. Health Sci (2008).</p> <p>“Bloom-Richardson Grading: A Marker of Chemosensitivity in invasive Breast Carcinomas” published in the Pakistan Journal of Pharmacology (2008).</p> <p>“Immunohistochemical study of Mucins in Colorectal carcinoma: Could it be a guide for biological behavior?” published in Journal of Surgery Pakistan (2009).</p> <p>“Age and gender related frequency of cancer in chronic cholelithiasis”. Published in Journal of Surgery Pakistan (2010).</p> <p>“Comparison between glucosamine sulphate and nimesulide therapies in osteoarthritis”. Published in Journal of Surgery Pakistan (2011).</p> <p>"Comparison of efficacy and tolerability between Sertraline and Fluoxetine in patients with major depression in Pakistan". Published in Medical Forum (2011).</p> <p>"Over-The-Counter (OTC) Use/Misuse of Panadol by Undergraduate Students of Taif Medical College, KSA". Published in IOSR Journal of Pharmacy and Biological Sciences (IOSR-JPBS) (2017).</p> <p>“Comparison of Efficacy of Vaginal VS Oral Prostaglandin E1 Analogue (Misoprostol) in Management of First Trimester Missed Abortion”. Published in Medical Forum (2017).</p> <p>“Relationship between study habits and academic achievements in undergraduate medical students”. Published in Medical Forum (2019).</p> <p>“A comparison of habits and academic achievements on second year</p>

	<p>and final year medical students”. Published in IAJPS, Indo American Journal of Pharmaceutical Sciences (2019).</p> <p>“Prevalence of Xerostomia in Diabetes Mellitus in lower Sindh”. JMMC (2019).</p>
Additional professional activities	<p>Conducted workshop on shared lecture at JSMU, Karachi, 2017</p> <p>Presented paper in educational conference at JSMU, Karachi, 2017</p> <p>Workshop on TBL, 2016, Taif University</p> <p>Conducted workshop on communication skills, at Taif University, 2016</p> <p>Workshop on SPSS, 2015, Taif University.</p> <p>Workshop on Blackboard, 2015, Taif University.</p> <p>Workshop on Team based learning (TBL), 2016, Taif University.</p> <p>Course on Stat 2.1x Introduction to Statistics: Descriptive Statistics, The University Of California At Berkeley in 2013.</p> <p>Workshop on Statistical Package for Social Sciences, 4th Decmber to 18th December,2012, Taif University.</p> <p>Workshop on How to design and interpret a medical survey, 2012.</p> <p>Workshop on The Ethics, Research and Clinical Applications of Stem Cells Research, 2012. Taif University.</p> <p>Workshop on “Problem Based Learning”, 2011 Ziadudin University, Karachi.</p> <p>Presented Research paper in Scientific Proceedings of the 40th Annual Medical Symposium at JPGMC, 2003. Karachi.</p> <p>Course in Ultrasonography of abdominal and pelvic regions, from The Institute of Ultrasonography, Dr. Musarrat Hasan,1991 Karachi.</p> <p>Workshop on Educational Planning & Evaluation at College of Physicians and Surgeons Pakistan, 2003 Karachi.</p> <p>I am a trained instructor of English Language from Pak American Cultural Center with experience of teaching English Language in Pak American Cultural Center, Karachi and Lahore.</p>
Professional memberships	<p>Member of Pakistan Medical and Dental Council.</p> <p>Member of the Pakistan Pharmacological Society.</p>
Languages	<p>English and Urdu.</p>
Community activities	<p>Worked in various NGOs as Community Welfare Officer.</p>